

From the HANDLE Institute, one of the world's leading organizations in neurodevelopmental education comes a multiple award winning approach that has helped thousands of people worldwide to learn ordinary things such as walking, talking, writing, memory or staying attentive.

HANDLE[®] Introductory & Basics (levels 1 & 2)

Keys for understanding and enhancing human potential

Brighton, 17th - 19th October 2014

6.30pm - 9.30pm Friday, 9.30am - 5.30pm Saturday and Sunday

Cost: £275 includes lunch. Early booking discount until 5th September
Concessions and group rates available – contact Sarah, see below



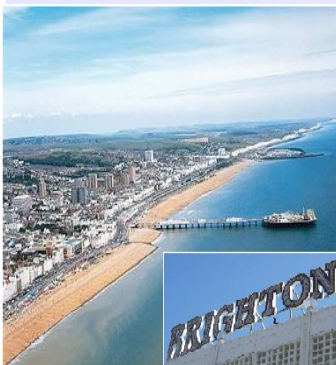
Have you ever struggled to understand why something that should be simple is difficult for some people, something that we take for granted like sleeping, talking or reading?

Do you want a more complete understanding of developmental differences such as *dyslexia, ADHD, autism, Tourettes, dyspraxia, brain injury, cerebral palsy?*

This course will forever change your strategies in approaching learning, social and behavioural challenges.

The 17 hour course explores the roots of a wide range of challenges and behaviours. You will begin to be able to interpret the real reasons for behaviours for yourself, and understand causes of learning difficulties, inefficiency or stress. You will learn ways to support learning, reduce stress, and enhance potential.

Detailed course content is listed on the next page



Venue: The Brighton Steiner School

Roedean Road, Brighton, BN2 5RA.

Brighton is a vibrant city with a wealth of interesting shops and restaurants whilst being small enough to enjoy getting about by foot. It has a reputation for unique and quality produce with a vibrant and creative alternative scene. There is a direct rail line from London Victoria and Gatwick airport and road links are good with London and the rest of the country

Contact us for a list of local accommodation

To book contact Sarah on 01273 558545 or **email** sarah@seanwilliams.co.uk

Or for more info go to www.handle.org

Recommended by and to: ***Parents, occupational therapists, speech and language therapists, paediatricians, osteopaths, teachers, support workers, carers, physiotherapists, mental health workers, physiologists, social workers, play facilitators, foster parents, educators, developmental therapists and anyone who wants to enhance their potential.***

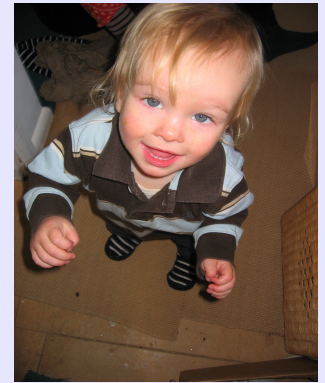
"The HANDLE Institute trainings are truly the cutting edge! It gave meaning to many behaviors that I see everyday but just didn't know how to interpret. My understanding and interventions are forever changed. These trainings should be required for any mental health professional who works with ADHD, Tourette's Syndrome, Asperger's and learning problems." **Mark Lanci, MSW, LICSW**

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Holistic Approach to Neurodevelopment and Learning Efficiency

Summary of Main Course Content:

- Understanding the HANDLE principles and their application.
- Discovering root causes of challenging behaviours and learning difficulties.
- Creating a new understanding of the senses and our motor functions.
- Learning to notice signs of stress and what to do.
- Interpreting and understanding learning, social and behavioural challenges in a new light.
- Exploring the neurodevelopmental systems - the building blocks of learning and achievement.
- Discovering the elements of learning – such as how writing can be affected by hypersensitivity to touch or speech by the organisation of the nerves in and around the mouth.
- How to positively enhance learning without overwhelm.
- Explore how neurodevelopmental systems develop and affect and support each other.
- How our quality of life and abilities are affected by internal and external environment.
- How nutrition and good health enhance our abilities.
- The science of how stress affects learning and quality of life.



Learn HANDLE Activities for enhancing learning and human potential

- Learn 11 Introductory HANDLE Activities.
- Explore a wide range of varieties and applications for each of the activities.
- See video examples of HANDLE therapy in action.
- Explore trouble shooting – ways to adapt activities to specific situations.



Trainer: Sean Williams is a HANDLE Instructor, Practitioner and is the Assistant European Regional Education Director of the HANDLE Institute. He has been working internationally with adults and children with a wide range of learning difficulties for 14 years, as well as being a professional health care provider for 25 years. His family with 2 small children currently infuses his teaching with lively and easy to understand examples of how learning is inseparable from our development.

"It was amazing from start to finish, it really took concepts I am familiar with much further and was so practical, yet so ingenious. How rewarding to have some knowledge about working at causal levels of sensory needs, in such a practical way. I found learning about the neuro and biological functioning of the mind and body absolutely fascinating too. It was a really nice group and we all had a lot of fun. Sean is great, brilliant teacher. Thank you." Sarah - therapist and support person for people with profound learning differences

Contact: HANDLE office 01273 558545 **email:** sarah@seanwilliams.co.uk
or go to www.handle.org

Warning: The information you receive on this course may change your life